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**MEMORIAL CUP
SEA DOGS FIRST
MARITIME TEAM TO
WIN TITLE** {page 24}



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MOVE OVER, KATE;
TV NETWORKS
SCOUTING SIS** {page 12}



HALIFAX

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Monday, May 30, 2011
www.metronews.ca



News worth
sharing.

An 'unreal' experience

► Brad Marchand enjoying Stanley Cup run, parents say ► Canucks associate coach Rick Bowness also from HRM

Lynn Marchand can't help herself.

Her son Brad is four wins away from hoisting the Stanley Cup with the Boston Bruins, and visions of hockey's holy grail coming to their home in Hammonds Plains are running through her head.

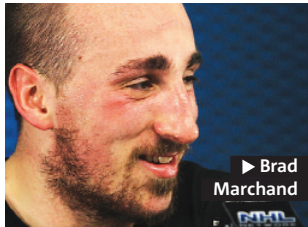
"It would be unreal. I think the party might go all week long," she says by phone from Boston yesterday. "I know at our house it would, anyhow."

Lynn and her husband Kevin were there on Friday as the host Bruins knocked off the Tampa Bay Lightning in Game 7 of the Eastern Conference final, earning Boston a trip to the Cup final against the Vancouver Canucks.

The dramatic win means a journey Lynn calls "unreal" will continue for 23-year-old Brad, and the Marchand family.

Kevin has been to see his son play 14 times in these playoffs. Lynn has been to six games.

"It's been thrilling. Gratifying. It's been exciting, nerve-wracking,"



GETTY IMAGES

► Brad Marchand

Kevin says. "A whole variety of emotions."

"Proud" is a term both parents use about Brad. In his first full NHL season, the two-time gold medalist with Canada's world junior team is a key contributor who logs a regular shift.

"He's kind of gone a little bit beyond my expectations at such an early stage," Kevin admits.

The same can be said for the support they say Brad is receiving from people at home.

"People will stop me that I don't even recognize or know and say, 'Go Brad go,'" Lynn says. "It's really quite touching." ● PHILIP CROUCHER



► Cyclists power their way around the Halifax Common yesterday afternoon in the Category A race at the 2011 Halifax Criterium. The Criterium is part of Halifax Bike Week, which runs until June 5.

RYAN TAPLIN/METRO

Gearing up for Halifax Bike Week

Premier lobbyist

Irving Shipbuilding bid on Ottawa agenda {page 4}

Weekend makeover

Halifax homeless get pampered {page 3}

Dartmouth is home

Why one reporter will never leave {page 18}



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BECOME ONE OF THE FRESHEST SMELLING PLACES ON EARTH.

Old Spice

Halifax Connects with homeless

More than 500 homeless and at-risk people were pampered head to toe yesterday.

Hairdressers cut and styled hair, doctors examined feet, and the other 200 volunteers at Halifax Connects helped with everything in between.

"It's a day to take a load off their lives," said organizer Meghan Laing. "I think the highlight is a lot of peo-

ple feel so alive when they leave there — their hair is beautiful, they have new clothes and there's no charge for anything."

Several people left the haircutting station in happy tears because they hadn't had their hair cut in so long, Laing said.

A photographer set up shop taking portraits, which meant a great deal to some of the participants.

"One woman sent her photograph away to her family and her grandchildren, who have never seen what she looks like. There were a lot of touching stories," Laing said.

There were also volunteers helping with information for income assistance, education and employment. One woman walked away determined to finish a high school

diploma.

The first Halifax Connects was held at the Halifax Armoury in October and was attended by 512 people. Yesterday's event drew even more — 530 — to Citadel High School. The students helped out with clothing and book drives.

There was also a catered hot lunch with tablecloths and silverware that was

New funding

Community Services Minister Denise Peterson-Rafuse is scheduled to announce new funds for HRM's homeless people tomorrow.

popular, Laing said.

"It's a really special part of the day," she said.

● JENNIFER TAPLIN

Reinventing the wheel

► Tweed Ride pays homage to an era when the bicycle was synonymous with style and elegance

It harks back to the days when one rode a bicycle in style for a leisurely jaunt down a country road.

The city's first Tweed Ride, inspired by similar events throughout the world, started out from Victoria Park yesterday afternoon. About 30 cyclists were dressed to the nines. Some had flowers tied to their helmets or in their wicker baskets, some wore polished shoes and one decked-out cyclist carried along a parasol.

"It's a lot of beautifully dressed people on their wonderful bikes with a lot of vintage feel and a lot of fun," said Jess Geddes. "It's an awesome part of Bike Week. People get out in their really nice clothes and have a great time."

The group meandered

"People are very fashionable in Halifax."

JESS GEDDES, TWEED PARTICIPANT

down city streets and headed toward the Halifax Common for a dainty picnic before the Bike Week Open Street Party.

But temperatures over 20 C made it a little sultry for tweed.

"With two full-length dresses on it's a bit warm, but the breeze helps," said Pauline Cameron.

Simon Pawlowski looked as if he walked out of the 1930s with his outfit. He said he found most of it in his wardrobe and didn't have to do much shopping.

"It's a good chance to dress up in old clothes," he said.



► Well-heeled cyclists pedal down Point Pleasant Drive in the first Tweed Ride yesterday.

1

news


Behind the legend of the "Guardian Angel of Route 66" is the story of a boy and his road. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at metronews.ca

For many women in Kandahar, simply getting an education is an extraordinary act of courage. Video at metronews.ca

1 More Day of Greek Fun! Now Thursday to Sunday

St. George's Greek Orthodox Community
38 Purcell's Cove Road
June 9, 10, 11 & 12th
www.greekfest.org

HALIFAX GREEK FEST

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Multiple sclerosis. Walk



► Jennifer Wilson is framed by Zumba instructor Belinda Ferguson's legs as they warm up before the Halifax MS Walk yesterday afternoon. Hundreds of people took part in the event, which raises awareness and money for MS research.

RYAN TAPLIN/METRO

Warming up to multiple sclerosis awareness

Olympic-sized push for shipbuilding job

- Premier to lobby newly formed federal cabinet for provincial projects
- Province, business community launch the Ships Start Here effort



ALEX
BOUTILLIER
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Premier Darrell Dexter is Ottawa-bound in efforts today to drum up federal support for Irving Shipbuilding's bid for a lucrative defence contract.

Dexter will be meeting with federal cabinet ministers to discuss the shipbuilding contract — worth up to \$30 billion over 30 years.

"Winning this bid would equate to hosting the Olympics each year for 30 years," Dexter told a crowd of business peo-

ple at Pier 21 on Friday.

"This is a rare opportunity for the province, and the timing could not be better. No one is better positioned to meet the federal government's needs than Irving Shipbuilding."

Dexter's argument will be bolstered by two favourable economic impact studies, which predict the Canadian economy will grow by \$1.5 billion, with 4,500 jobs created outside of the province, should Irving be selected.

The reports, commissioned by the Greater Hal-



"We will tell the rest of the country that a win for Halifax is a win for all of Canada. This is Canada's bid."

PREMIER DARRELL DEXTER

ifax Partnership, state Nova Scotia would benefit to the tune of 11,500 jobs at peak employment, \$351

million in disposable income, and \$350 million in federal, provincial and municipal taxes.

"Most importantly, this would mean an entire generation of skilled workers wouldn't have to travel west to start, or continue, their careers," a report read.

Three other yards are in the running for the contract — Vancouver Shipyards, Quebec's Davie Shipyards, and Seaway Marine and Industrial of St. Catherine's, Ont.

July 7 is the deadline for bids, with a final decision expected this fall.

Councillor OK with easing of parking ban

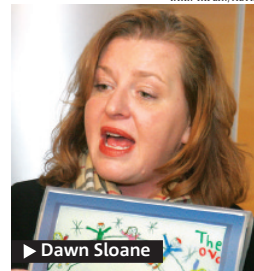
RYAN TAPLIN/METRO

Dawn Sloane calls a proposed trial period that would relax ticketing during the overnight winter parking ban "a good compromise for right now."

The downtown Halifax councillor has never shied away from voicing her opposition to the ban in its current format, and said yesterday she was glad to hear about this proposal presented to Thursday's HRM standing committee on transportation.

"I'm happy to hear they took into account what the public has been saying," said Sloane, who returned on Saturday from a week's vacation in Cuba.

Under the proposal, which still needs the support of Halifax regional council, motorists would only be ticketed if they



► Dawn Sloane

leave their vehicle on the road during a "snow (or) ice event."

The municipality would be responsible for communicating when such an event is forecast, and when people could park overnight on the street again.

When the ban is in effect it would only change, ending at 6 a.m. instead of 7 a.m.

● PHILIP CROUCHER

MISSING FISHERMAN

DNA could identify body in N.Y.

Police in Nova Scotia and New York are trying to determine if a body that washed ashore a week ago in the U.S. state could be that of a fisherman from the province.

Ward Wickens of Bear Point was aboard the scallop dragger Silver Angel when he fell in the ocean off Cape Sable Island on May 3.

An air and water search failed to find any trace of the 33-year-old.

Wickens' wife has told CBC News that she has provided police with a DNA sample from her husband.

A badly decomposed body was found on shore in Amagansett, N.Y., on May 21.

Sandy Wickens, the missing man's great-uncle, says not finding the body has been hard on the family. He told the CBC he believes it's unlikely the body found in the U.S. state could be his great-nephew.

THE CANADIAN PRESS

Standoff ends, man charged

A 60-year-old Dartmouth man is facing charges of domestic assault and uttering death threats following a standoff with police on Saturday.

Police say they responded to an address on Primrose Street and allege the man said he threatened to cause himself and officers harm, and that there might be explosives inside.

The standoff lasted about an hour. ● METRO

Man killed in crash

A Halifax-area man is dead after a collision between a motorcycle and a pickup truck over the weekend.

Windsor RCMP say the crash happened Saturday on Highway 1 in Ardoise in Hants County.

The 53-year-old driver of the motorcycle was pronounced dead at the scene. The victim's name hasn't been released, but the CBC is reporting he's from Dartmouth.

THE CANADIAN PRESS

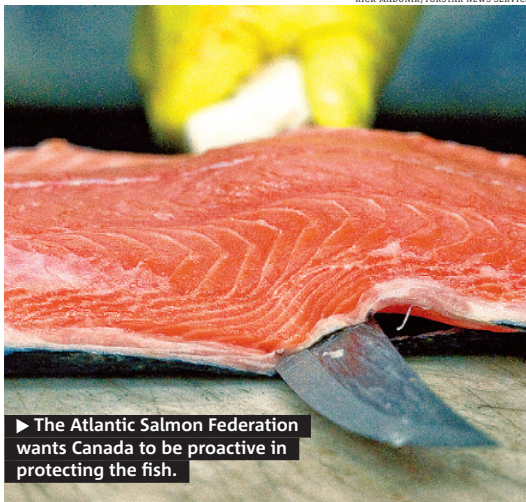
Benefits

The economic benefits projected should Irving Shipbuilding win the

National Shipbuilding Procurement Strategy contract, as stated in studies by the Greater Halifax Partnership:

- **\$897 million** — Projected growth in real GDP for Nova Scotia in 2020.
- **11,495** — Nova Scotian jobs projected in 2020

- **31 cents** — Amount of economic activity elsewhere in Canada per \$1 spent in Nova Scotia.



RICK MADONIK/TORSTAR NEWS SERVICE

► The Atlantic Salmon Federation wants Canada to be proactive in protecting the fish.

Call to up salmon security

► Atlantic Salmon Federation warns stocks may collapse without action

An international conservation organization is warning that large Atlantic salmon could suffer the same devastating collapse as the cod stocks off Newfoundland unless Canada steps up protection efforts and sets a good example for other nations.

The Atlantic Salmon Federation says it's especially concerned that fishermen in Greenland have

expressed an interest in resuming a commercial fishery next year for the first time in a decade, despite science that suggests there are too few salmon to support a harvest of any kind.

Large Atlantic salmon, known as two-sea winter salmon, can spend several winters feeding off the coast of Greenland before returning to spawn in North American rivers.

The federation worries that unless Canada is proactive it will be hard to convince Greenland to continue opting out of a commercial fishery for conservation's sake.

"They're not happy with not just the science but also the fact that other nations throughout the North Atlantic, including Canada, continue to harvest far too many fish,"

Cod stock drop

► The federal government suspended cod fishing in the early '90s, when the once-plentiful stocks vanished off Newfoundland, throwing some 40,000 people out of work.

federation president Bill Taylor said Saturday.
THE CANADIAN PRESS

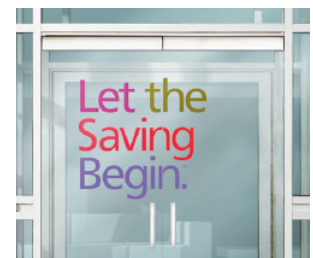


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► Boston Pizza rolls out a more locally digestible name for its pizza chain in B.C.

PIZZA CHAIN SHOWS HOMETOWN SUPPORT



JEFF HODSON
@METRONEWS.CA

In a slick marketing move, Boston Pizza is re-branding 62 of its B.C. restaurants to a more local digestible moniker — Vancouver Pizza.

The name rolled out at one location yesterday with the remaining restaurants — and all BP signage at Rogers Arena — to be converted before the puck drops Wednesday night on the

HOME ICE ADVANTAGE



Stanley Cup final.

British '70s rock band Supertramp was forced give a little bit when a dreamer at the NHL scheduled Game 1 at the same time as their concert at Rogers Arena. The band rescheduled the show for Thursday.

JEFF HODSON IS THE MANAGING EDITOR OF METRO VANCOUVER

Victory turns violent

► Soccer festivities get out of hand in Barcelona, with more than 80 people arrested and 100 injured in street scuffles

Street parties in Barcelona celebrating the victory of the city's soccer team in the Champions League final turned violent yesterday and at least 18 people were hospitalized, according to local media reports.

Police said more than 80 people were arrested after revellers attacked officers with bottles, flares and other objects, and destroyed park benches and bus stops. The scuffles broke out hours after Barcelona beat Manchester United 3-1 at Wembley Stadium in England on Saturday night.

A police officer was among those hospitalized. The Associated Press photographs show plainclothes police officers, who wore Barcelona jerseys



► A Barcelona FC fan is arrested by plainclothes police officers in Barcelona yesterday during clashes following the Champions League final soccer match on Saturday.

sees to blend in with the crowds. More than 100 other injured people were

treated at the scene for cuts and bruises.

An unnamed 17-year-

50K

About 50,000 people flooded the streets in Barcelona to celebrate.

old woman died accidentally when she fell into a deep hole beside a fountain while celebrating the win in the northwestern town of Santa Comba, local newspaper La Voz de Galicia reported. Soccer fans had poured shampoo into the fountain to create bubbles, which concealed an uncovered manhole, the paper said.

Barcelona players rode through the Catalan capital in an open-top bus yesterday. Thousands of fans greeted the players as the bus, decked out in red and blue, wound its way through the city.

THE ASSOCIATED PRESS



► U.S. President Barack Obama views damage from the tornado that devastated Joplin, Mo., with residents yesterday.

Obama tours twister-ravaged Joplin

U.S. President Barack Obama pivoted from diplomacy on the world stage after his six-day European tour to the intimate and delicate domestic task of acting as healer-in-chief as he came to Joplin, Mo., yesterday

to tour the devastation wrought by a monster tornado, which left 130 dead, hundreds injured and at least 40 unaccounted for.

Air Force One swept over a massive swath of brown as far as the eye

could see — a landscape of flattened houses and stripped trees on its approach.

Missouri Gov. Jay Nixon joined Obama on a walking tour of a destroyed neighbourhood in the city

of 50,000 in southwestern Missouri. Obama later spoke at a memorial service being held by local clergy and Nixon. He offered federal assistance as well as his own condolences.

THE ASSOCIATED PRESS

Disaster Financial Assistance Program December 12-15, 2010 Severe Storm Damage

After a disaster, people sometimes need help to get back on their feet.

Support can go a long way toward making lives better and communities stronger.

The Province of Nova Scotia is pleased to announce a disaster financial assistance program for those who live in Digby, Annapolis, Kings, Hants, Halifax, Colchester, Pictou, Guysborough, Antigonish, Victoria, Inverness, Richmond, and Cape Breton counties.

If you have uninsurable damages to your home, small business or non-profit organization as a result of the December 12-15 storm you may be eligible for assistance.

More information and applications can be found at www.gov.ns.ca/emo

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NOVA SCOTIA

AMEL EMRIC/THE ASSOCIATED PRESS



► Bosnian Serb demonstrators hold Serbian flags and photos of former general Ratko Mladic during a protest in his hometown, Kalinovik, Bosnia yesterday.

Rioters demand Mladic's release

► It's alleged that Mladic ordered the execution of thousands of Muslims ► Ex-general considered a national hero by some

Protesters throwing stones and bottles clashed with more than 3,000 baton-wielding riot police yesterday in Belgrade after several thousand Serbian nationalist supporters of jailed war-crimes suspect Ratko Mladic rallied outside the parliament building to demand his release. There were no immediate reports of injuries or arrests.

The clashes began after a rally that drew at least 7,000 demonstrators, many singing nationalist songs and carrying banners honouring Mladic, the former Bosnian Serb

military commander. Some chanted right-wing slogans and a few gave Nazi salutes.

Nationalists are furious that the pro-Western government apprehended Mladic, 69, last Thursday at a relative's home, after 16 years on the run. Demonstrators demanded the ouster of Serbia's pro-Western President Boris Tadic, who ordered the arrest.

Mladic's arrest is considered critical to Serbia's efforts to join the European Union and help reconciliation efforts in the region. **THE ASSOCIATED PRESS**

More on Mladic

- The UN tribunal charged Ratko Mladic with genocide in 1995, accusing him of orchestrating the massacre of 8,000 Muslim men and boys during Bosnia's 1992-95 war.
- The massacre in Srebrenica, Bosnia, is considered to be Europe's worst atrocity since the Second World War.
- Many Bosnian Serb soldiers pledge to follow Mladic until death.

All Serbs share blame for wartime atrocities: Mladic

Ratko Mladic, who is charged by a UN tribunal with genocide committed by his Bosnian Serb troops during Bosnia's 1992-95 war, says all Serbs should share the blame because they supported Serbian President Slobodan Milosevic.

"I didn't vote for Slobodan Milosevic, you did," Serbia's deputy war crimes prosecutor Bruno Vekaric quoted Mladic as saying in jail, while he awaits extradition to a UN war crimes tribunal. "His message is: The blame is on Milosevic" and all the Serbs who supported the late Serbian leader during the bloody breakup of the former Yugoslavia in the 1990s, Vekaric said in an interview yesterday.

Milosevic died in 2006 in prison during his genocide trial at the UN war crimes tribunal for the former Yugoslavia in The Hague, Netherlands. Mladic split up with his patron Milosevic in 1994 when the Bosnian Serb army commander refused an international peace plan supported by the then Serbian leader.

Mladic was arrested Thursday after 16 years on the run. Vekaric said that when he was first brought to prison, "he was very nervous and aggressive."

"He said he is not a killer. He also said he does not hate Muslims and Croats," added Vekaric.

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El Salvador.....9.9 ¢/min	Philippines.....11.9 ¢/min	Vietnam.....4.9 ¢/min
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PMO denies border talk

► Leaders did not discuss 1967 boundaries, spokesman says amid glowing Israeli report ► Harper sidesteps questions on the issue at G8 summit

Prime Minister Stephen Harper did not discuss the G8 summit with his Israeli counterpart Benjamin Netanyahu, a Harper spokesman says.

The statement by Dimitri Soudas, Harper's communications director, appears to contradict a report in the Israeli newspaper Haaretz that Netanyahu phoned Harper before the summit to ask him to block G8 support for a Palestinian state based on 1967 borders.

Soudas said yesterday in an email to The Canadian Press that Harper did speak to "various leaders in the last few days, including the Israeli prime minister as well as the head of the Arab League."

But he added "there was no G8 discussion with

Prime Minister Netanyahu."

"The PM's views are long-standing and well known on the Middle East process towards a two-state solution," Soudas said while Harper was visiting Greece after the G8 summit in France.

"Canadian policy on these issues is long-standing. It's important that any statement on the Middle East always have balanced references to the various positions and the G8 statement is a balanced statement."

In a speech earlier this month, U.S. President Barack Obama said talks between the Palestinians and Israel should be based on 1967 borders that existed before the Six Day War in which Israel occupied East Jerusalem, the

West Bank and Gaza.

Haaretz said Israel was particularly concerned about the border proposal because at least seven of the eight G8 countries supported including it in the summit declaration.

The G8's final declaration issued Friday did not include any mention of borders in Israel-Palestine peace talks.

The Haaretz report said Netanyahu told Harper that mentioning the border issue would be detrimental to Israeli interests and a reward to the Palestinians.

As the summit concluded, media reports cited diplomats in saying the 1967 border proposal was omitted from the G8 statement because of objections from Canada.

THE CANADIAN PRESS

Term nixed

One of the ironies of the election that finally delivered the Conservatives a majority government on May 2 is that it appears to have vanquished the "Harper Government."

- The controversial term has almost disappeared from official Government of Canada news releases after suddenly blanketing departmental communications in the months leading up to the fall of the Conservative minority March 25.
- Now, internal government documents obtained by The Canadian Press show that civil servants were being ordered by ministers' offices to use the term, and that they were "obligated to do so if asked."



► Prime Minister Stephen Harper and wife Laureen visit the memorial site of the Kalavryta Massacre in Greece yesterday. On Dec. 13, 1943, Nazi troops executed 696 males over the age of 14 in Kalavryta. The grandfather of Harper spokesman Dimitri Soudas was among those killed.

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News in brief

Soldier mourned

PAYING RESPECTS. Friends, family and comrades of Bombardier Karl Manning were struggling to understand why such a well-liked professional would have wanted to take his own life.

Comrades and friends gathered to pay their respects to Manning, 31, in front of the Canadian memorial at Kandahar Airfield yesterday.

An investigation is underway, but his death is believed to be a suicide, as military police have ruled out foul play and enemy action. THE CANADIAN PRESS

Dentures save man's life

LUCKY BREAK. An elderly Brazilian man shot in the face escaped death when his dentures deflected a bullet headed for his brain. A hospital official says that 81-year-old Zacarias Pacheco de Moraes was shot Thursday while working in a bar he

owns in the small western city of Alta Floresta. THE ASSOCIATED PRESS

Douglas file missing pages

QUESTIONS RAISED. Dozens of pages from a decades-old intelligence file on socialist icon Tommy Douglas have mysteriously disappeared.

The disappearance has come to light as the result of a lengthy court battle over the federal government's refusal to fully disclose the dossier amassed by the RCMP on the former Saskatchewan premier.

They were noticed by Paul Champ, lawyer for The Canadian Press, after the government released some additional pages from the Douglas dossier in February. Champ says the lackadaisical handling of the Douglas dossier



raises questions as to whether Library and Archives Canada is discharging its responsibility to preserve historically significant documents.

THE CANADIAN PRESS

Limits may be put on Wal-Mart camping

Campers who like to stop for the night at a Wal-Mart parking lot may not be able to do such a thing so easily next summer in a central Alberta city.

The City of St. Albert is looking at ways to place restrictions on staying overnight in store parking lots, as well as parking vehicles up for sale.

Mayor Nolan Crouse brought forward the motion to look into tightening up bylaws last week.

"His concern seems to be this is something that could grow and (could) become an issue for the community," Coun. Malcolm Parker said yesterday.

Most Wal-Mart stores in North America allow overnight stays, though there are websites listing individual stores and municipalities that don't allow it.

City administration has until next February to return with a recommendation. HEATHER MCINTYRE

SEAN KILPATRICK/THE CANADIAN PRESS FILE



► The Bank of Canada, led by governor Mark Carney, is set to deliver its next announcement on interest rates tomorrow.

Investors await Bank of Canada's rate decision

► RBC Dominion Securities last week assessed chances of a quarter-point hike in July to 12 per cent

The Canadian dollar could be under additional pressure on commodity markets this week after the Bank of Canada delivers its next announcement on interest rates tomorrow.

The dollar moved lower for a fourth week last week, reflecting slowing economic conditions, particularly in the U.S., Canada's largest trading partner, and doubt about when the Bank of Canada will resume raising interest rates.

No one expects the central bank to hike its key rate tomorrow but traders will be anxious to read the

bank's statement for clues as to when it will move the rate above one per cent, where it has been since September.

"We don't really even look for talk about imminent rate hikes next week," said BMO Capital Markets deputy chief economist Doug Porter.

The Bank of Canada was fully expected to resume raising interest rates in July, heralding a string of quarter-point hikes. But slowing economic conditions in much of the world has radically changed that outlook.

THE CANADIAN PRESS

Rate hikes

While the prospect of lower interest rates is great news for Canadian borrowers, holding off on rate hikes poses risks for the Canadian economy.

► **Raise costs:** Last week, the Organization for Economic Co-operation and Development urged the Bank of Canada to raise borrowing costs to demonstrate that it has a grip on inflation.

► **One per cent:** The OECD added that at one per cent, the Bank of Canada's key rate is "highly stimulative."

Market moment

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Veggie outbreak spreads in EU

Spanish vegetables suspected of contamination with a potentially deadly bacteria were recalled from stores in Austria and the Czech Republic to prevent the spread of a deadly outbreak, officials said yesterday.

The death toll from the bacteria rose to at least 10 people, and hundreds across Europe have been sickened.

Czech authorities said 120 organic Spanish cucumbers were being pulled off

shelves while their counterparts in neighbouring Austria announced that "small amounts" of cucumbers, as well as tomatoes and eggplants, were being removed from 33 stores.

THE ASSOCIATED PRESS



Kids and Learning First

Nova Scotia is fortunate to have dedicated teachers and support staff, involved parents and engaged students who care about the future.

But we are facing challenges like declining student enrollment and increasing costs. Protecting kids and learning is our priority. That is why the province has increased per-student funding, kept student-to-teacher ratios low and protected funding for special needs education.

But more needs to be done.

Working together we can protect what matters most, putting kids and learning first.

I want to hear from you. Go to gov.ns.ca to share your ideas.

Ramona Jennex

Ramona Jennex,
Education Minister

Making life better for families

NOVA SCOTIA

THE FUTURE IS NOW FOR THE PREMIER

URBAN COMPASS

STEPHEN KIMBER
METRO HALIFAX



Time flies when you're having fun. Ask Darrell Dexter. Next month, he will celebrate his second anniversary as the province's first NDP premier.

In two years — probably less — he will try to become Nova Scotia's first NDP premier to win a second majority government ... or, perhaps, settle for a minority ... or, failing one of the above — and politics being politics — not be Ignatieffed in his own riding.

His fate then may well depend on what happens in Ottawa today.

Today, Dexter leads a high-level, high-profile delegation of business and government leaders to Toryland. Its goal: To browbeat, sweet talk and cajole Stephen Harper's newly re-elected, no-reason-to-like Nova Scotia majority government into spreading some largesse our way.

"Today, (Premier Darrell) Dexter leads a high-level, high-profile delegation of business and government leaders to Toryland ... The stakes are billions of dollars high."

And then, of course, there's the Lower Churchill, a \$6.2-billion Newfoundland-Nova Scotia power-generating and transmission project Dexter has grandly called "our Canadian Pacific Railway." Dexter is fond of metaphor and simile.

If Lower Churchill happens — and Harper promised to make it happen during the federal campaign — Nova Scotia workers would be in line for a chunk of its 45,000 person-years worth of work. And the Lower Churchill itself would become a stable source of forever energy for Nova Scotians — and for future industrial development.

While Dexter will remind Ottawa of the prime minister's Lower Churchill pledge, he will stickhandle more delicately past Harper's seeming reluctance to cough up \$47 million to help finance Halifax's infamous downtown convention centre. Please!

And, among those many other supplications, Dexter will also pitch yet another provincial capital project: A new stadium.

If Dexter can convince Ottawa to fund any or all of the above, it will mean construction boots on the ground in time for the next provincial election.

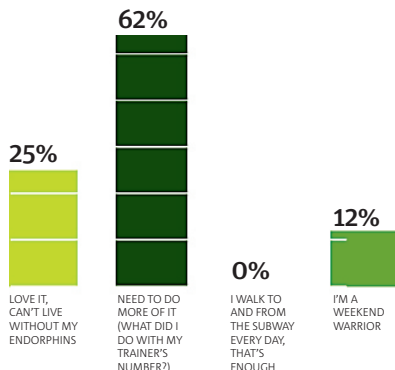
Which could make Dexter's hopes for re-election more likely.

Which, of course, is the idea.



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What's your attitude toward exercise?



Worth mentioning

MOREHEAD CITY, N.C.

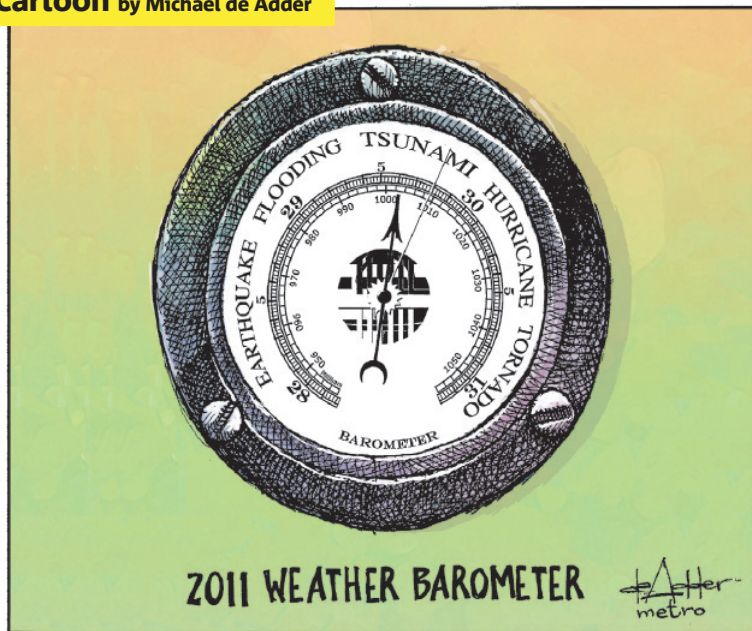
Archaeologists recovered the first anchor from what's believed to be the wreck of the pirate Blackbeard's flagship off the North Carolina coast Friday, a move that might change plans about how to save the rest of the almost 300-year-old artifacts from the central part of the ship.

Divers had planned to recover the second-largest artifact on what's believed to be the Queen Anne's Revenge but discovered it was too well-attached to other items in the ballast pile, said project manager Mark Wilde-Ramsing. Instead, they pulled up another anchor that is the third-largest artifact and likely was the typical anchor for the ship.

Apparently, pirates had everyday anchors and special anchors just as the rest of us have everyday dishes and good china.

In 1717, Blackbeard captured a French slave ship and renamed it Queen Anne's Revenge. Blackbeard, whose real name was widely believed to be Edward Teach or Thatch, settled in Bath, N.C., and received a governor's pardon. **THE ASSOCIATED PRESS**

Cartoon by Michael de Adder



WEIRD NEWS

Case of mummy smuggling wrapped up

The shipping label said the mailed package contained replicas of Peruvian ceramics. An X-ray machine used by customs agents discovered it really held three skulls and a mummy more than 2,000 years old.

Authorities said Friday the package was intercepted at Argentina's central post office, and an Argentine citizen who was waiting for the shipment has been detained as part of an investiga-

tion into illegal trading in ancient cultural artifacts.

Officials speculated the package would have been relayed to a museum or a private collector in Europe, where such old bones are in demand because of the blankets and other woven material that surround ancient South American mummies.

A preliminary evaluation by Argentina's national archaeology institute determined the bones are from the pre-Inca Paracas culture on Peru's coast, and date from between the 7th and 3rd centuries BC, officials said.

Last year, Bolivian police foiled a similar mummy mailing enterprise and detained a woman who tried to send a Peruvian mummy to France.

THE ASSOCIATED PRESS



► **X-Men: First Class**, which opens Friday, tells the story of how Magneto (played by Michael Fassbender), right, turned against his friend Charles Xavier (James McAvoy).

2
scene

Box office



The Hangover Part II hauled in \$86.5 million US in its first weekend, putting Hollywood on course to set a new revenue record for the Memorial Day long weekend, according to studio estimates yesterday. Kung Fu Panda 2 opened solidly with a \$48-million weekend.

THE ASSOCIATED PRESS



As waistlines grow so does the popularity of weight-loss TV shows. Scan code for more.

A First Class superhero film?

► Opening this week, **X-Men: First Class** is the prequel to an extremely successful franchise



STEVE GOW
SCENE@METRONWS.CA

It's curious that while Hollywood seems to be making less movies in general, we are entering a summer that features no less than four big-budget superhero blockbusters — including this Friday's release of **X-Men: First Class**.

"It's probably down to the fact that maybe less people are going to the cinema and so they make films that are large in scale where you would

want to go see it on a big screen," offered star Michael Fassbender recently from New York.

"Genres take hold and they run for a while — I would say that's one of the reasons (superhero movies hold up)."

It probably doesn't hurt that **X-Men: First Class** is also the prequel to a very successful franchise that began as pulp fiction in 1963.

The beginning of the saga, **X-Men: First Class** features the original mutant superheroes and how the once-upright Magneto

Good vs. Evil

Charles Xavier

A powerful telepath who can control minds, Xavier recruits fellow mutants to stop a global threat.

Magneto

Erik Lehnsherr discovered his power of magnetism under terrible circumstances and sets his sights on revenge with his mutant ability.

(Fassbender) turned against his friend Charles Xavier (James McAvoy).

"There's such an incredible history there," said McAvoy of the franchise's legacy.

"But the main thing that runs through all the **X-Men** saga — whether it's the comic books, cartoon-form or movies — is that sense of the outsider being the character that you're exploring ... that has to be one reason why it's stuck around for so long."


The previous films surely added fans to the franchise as well.


However, McAvoy and Fassbender weren't intim-

idated by expectations of portraying the respective roles that Ian McKellan and Patrick Stewart defined in the movies.

"I definitely watched the films," said Fassbender.

"I was going to study Ian McKellan, perhaps as a young man and his movements, nuances, voice and then decided not to do that and just use the source material available in the comic books — to just take a totally fresh look at it, wipe the slate clean and go for something new."

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Kate, shmate: TV heavyweights eye Pippa Middleton

► First she had a facebook page dedicated to her derrière ► Now the likes of Barbara Walters and Oprah want Kate Middleton's sis to rock American TV

After making a splash at her sister's royal wedding last month, Pippa Middleton is apparently in high demand — especially among U.S. TV heavyweights like Barbara Walters.

"Years ago, when Kate broke up with Prince William briefly, Barbara tried to hire her as a View co-host," a source tells the National Enquirer. "But now she thinks Pippa's so

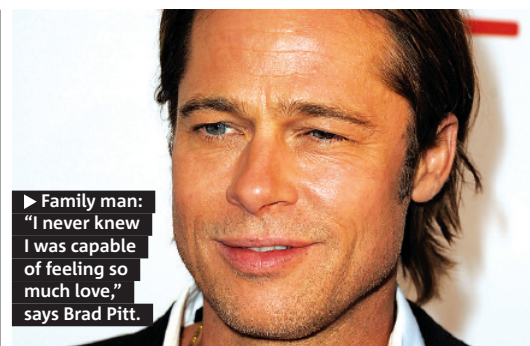
sassy, young and gorgeous, she'd be a fantastic fit. Ratings would be amazing!"

But Walters isn't the only one with her eyes on Middleton, as Oprah Winfrey "wants Pippa to host her own show for her OWN network," according to the source.

"O knows it would be a great ratings coup because Pippa's a star on fire — and Americans are so obsessed with the royals." ● METRO



ALL PHOTOS GETTY IMAGES



Brad and Angie to wed for their wee ones?

Brad Pitt admits he and Angelina Jolie can't put off the topic of marriage forever, especially since their kids are getting more curious about it.

"The kids ask about marriage," he tells USA Today. "It's meaning more and more to them. So it's something we've got to look at." Of course, marriage talk

isn't the only challenge in their house, as Pitt admits the constant presence of paparazzi can get daunting.

"We're hunted. Our kids have to live behind a gate. Outside, there are people with cameras," he says.

"But I'll take the trade-off. I never knew I was capable of experiencing so much love." ● METRO



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FX101.9
TODAY'S COUNTRY

Winehouse hits the bottle

Amy Winehouse is back in rehab, but according to the Sun, she had something of a whirlwind morning in London before checking in.

The tracksuit-clad singer was first spotted downing a small bottle of vodka at a shop counter.

"She seemed out of it. She was stumbling about, slurring her words," a source says.

"I was shocked to see her buy vodka so early in

the day, and even more shocked to see her knock it straight back."

Winehouse then reportedly headed to a hair salon and demanded to use the restroom, only to emerge minutes later saying, "I just puked all over your bathroom," according to an eyewitness.

Winehouse's spokesman insists the singer did not throw up and that the comment was meant as a

joke.

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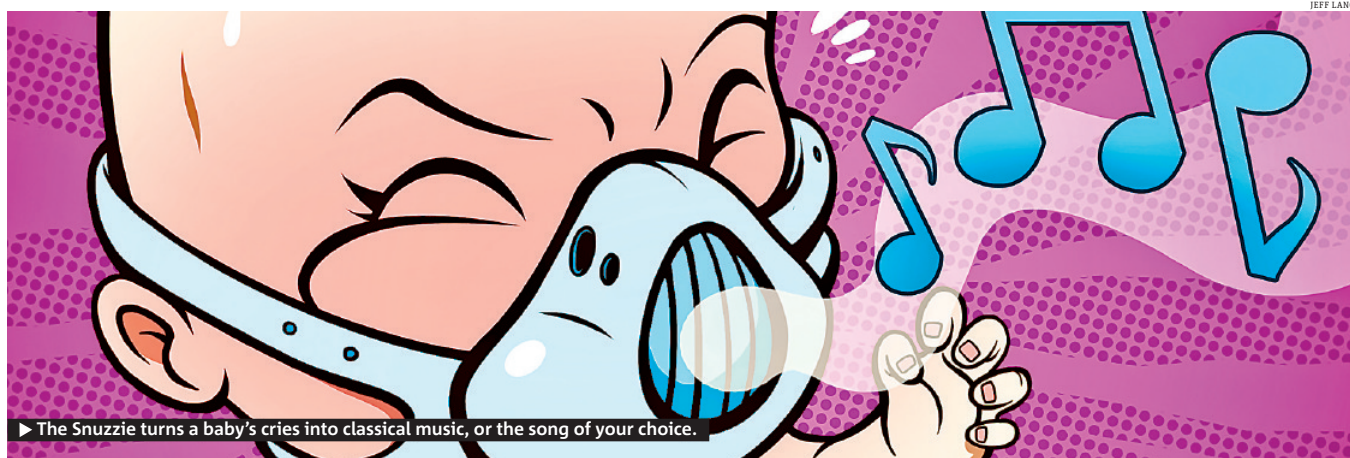
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► The Snuzzie turns a baby's cries into classical music, or the song of your choice.

Inventions we wish existed

► As a parent, you often think, I have a good idea! Here are some of our own (some tongue-in-cheek) with input from Mike Drummond, editor of Investors Digest, about their viability

The Dummy Dispenser

What it does: Hanging from the crib like a giant Pez dispenser, this invention distributes pacifiers when the baby needs one — automatically. If the baby is too young to grab the dummy herself, a robot arm, covered in kid-friendly foam material, extends and places it gently in her mouth. **Says Drummond:** "I suspect Pavlov would love this little number. It encourages motor skills and links desires and behaviour, assuming the dispenser responds to baby cries. I'd want the robotic arm to pull double-duty, and pick up discarded pacifiers."

The Snuzzie

What it does: An electronic muzzle device, the Snuzzie turns a child's cries into classical music — or whatever sound you wish, via downloadable MP3s. Future versions will be able to identify what your child wants from each cry — food, a diaper change, a nap. **Says Drummond:** "Finally a product that addresses the most annoying consumer group — babies! In all honesty, this is a product for the narcissistic sadist — which happens to cover a large market segment, given the popularity of botox, stiletto high heels and the Kardashians. Let's stick with pacifiers."

The Inflatable Stroller

What it does: Small enough to fit in your pocket, this product inflates, with the press of a button, to a full sized stroller, made of extremely durable plastic. **Says Drummond:** "I can get behind this product, having been behind far too many stroller-pushing parents at airport security checkpoints. This seems like a win-win-win for all concerned. The parent/caregiver gets convenience; the baby gets something airy to ride in; and I don't have to wait forever for the stroller to get folded up and shoved through airport X-ray machines."

The Self-Cleaning Floor

What it does: An invisible seal covering your hardwood floors (especially the area where your child eats), the Self-Cleaning Floor breaks down and absorbs fallen food particles in seconds, leaving no mess behind. **Says Drummond:** "Again, an invention I could get behind. And we're already seeing a close cousin of this type of technology being developed in the field of nano medical technology — tiny robots that eat cancer cells and such. But what does this do to the five-second rule?"

The Poolarm

What it does: Embedded into each diaper, the Poolarm reads your baby's body chemistry and lets you know, via a digital readout, if she's done pooping or if there's more to come. **Says Drummond:** "Normally I'm for anything that lessens the risk of coming into contact with feces. But unless you're just really into changing diapers, I don't see this as a huge seller. That said, the right amount of fear-based marketing could motivate consumers and scare the crap out of the diaper competition."



**MICHAEL FREIDSON
& EMMA E. FORREST**
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Asiago Garlic Bread



This version of garlic bread, with chopped oil-packed sun-dried tomatoes and crumbled Asiago cheese, will be a unique addition to any meal.

baguette almost to bottom and place on baking sheet; spoon butter mix over top of baguette, making sure to get mix inside cuts.

3 Top baguette evenly with Asiago cheese; bake 8 minutes or until cheese is soft and bread is hot. **THE CANADIAN PRESS/DEMPSTER'S OVENFRESH BAGUETTE**

Preparation:

- 1** Preheat oven to 200 C (400 F).
- 2** In bowl, combine garlic, butter, chives and sun-dried tomatoes. Cut vertical slits in

Ingredients:

- 1 clove garlic, minced
- 30 ml (2 tbsp) soft butter
- 15 ml (1 tbsp) chopped chives
- 15 ml (1 tbsp) chopped

- oil-packed sun-dried tomatoes
- 1 white or multi-grain baguette
- 50 ml (1/4 cup) crumbled Asiago cheese

Breads for breakfast, lunch and even dinner

► This Avocado Banana Bread is ideal for a morning or afternoon treat ► The Asiago Garlic Bread makes a perfect side dish to any entrée, especially grilled meats

BOTH PHOTOS: THE CANADIAN PRESS H/O



A perfect breakfast on the go or a great addition to lunch, this nutrient-filled banana bread made with whole-wheat, high-fibre and folate-rich avocados, and high-potassium bananas is a satisfying treat.

In another bowl, combine avocados, bananas, honey and vanilla. Fold dry mix into avocado-banana mix. Spoon evenly into 8 greased mini pans.

THE CANADIAN PRESS/AVOCADOS FROM MEXICO

Ingredients:

- 500 ml (2 cups) whole-wheat flour
- 15 ml (1 tbsp) baking powder
- 2 ml (1/2 tsp) sea salt
- 2 pureed avocados
- 2 mashed bananas
- 175 ml (3/4 cup) honey
- 5 ml (1 tsp) vanilla extract

Preparation:

- 1** Preheat oven to 180 C (350 F).
- 2** In bowl, combine flour, baking powder and salt.

- 3** Bake 25 to 30 minutes or until toothpick inserted into middle of loaf comes out clean. Let cool then run knife along edges and invert onto wire racks.

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Whatever you do, do not put dry-wall (also known as gypsum board, wall-board, plasterboard, gypboard and sheetrock) into your residential garbage bins.

Drywall is actually recyclable.

Gypsum Recycling International estimates that 40 tons of gypsum waste is landfilled around the globe each day.

Search for a waste transfer station in your city that accepts gypsum drywall.

Residents of Vancouver can drop off "residential quantities" of drywall at any regional transfer station or at the Vancouver Landfill.

A "residential quantity" means one level pick-up truckload or less.

If you have a large load, contact New West Gypsum Recycling.

They recycle all non-asbestos-containing drywall



from the region into new gypsum drywall.

Make sure that your drywall does not contain asbestos. To dispose of gypsum drywall containing asbestos, call 604-RECYCLE for disposal options. While you're at it, check out how to recycle wood waste, too.

Clean, unpainted, untreated wood waste can now be recycled at transfer stations and the Vancouver Landfill.

Wood waste is added to the yard trimmings pile.

Clean and some treated wood are also accepted at

Urban Wood Waste Recyclers' plant in South Vancouver.

Did you know you can also recycle asphalt shingles?

They can be dropped off at a few facilities around Vancouver.

Find the location closest to you on at metrovancover.org under Metro Vancouver Recycles listed under "Building Materials — Roofing / Shingles".



Tips

The smallest changes in your life can make a big difference

► Car Instead of letting your car idle, turn off the ignition. It uses less gas and emits less CO₂ to stop and restart your car than to let

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Information on HRM's Curbside Give Away Weekend and rules for setting out items are available online at:

www.halifax.ca/curbsidegiveaway



So the kid is back... Move mountains

► As students return from school for the summer, parents brace for piles of laundry and late, late nights

After nine months away, campus and the place where college students grew up may seem like worlds apart.

Summer at home – so often eagerly awaited by the students, their parents and siblings – is often a mixed-

up time of happy reunions, unexpected challenges and weird new family dynamics as not-quite adult kids return temporarily to the nest.

"They have a whole new world, filled with new friends and new ideas, new

independence," and that sometimes clashes with things back home, said psychologist Karen Levin Coburn, a consultant at Washington University in St. Louis and author of *Letting Go: A Parent's Guide to Understanding the College Years*.

Cindy Jez, a 55-year-old real estate manager in Richmond, Va., has gone through these transition summers several times with her two oldest boys, a junior and senior in college.

"I remember crying when they first went to college. Now I'm crying when they come home," she jokes.

Don't get her wrong – Jez loves having the boys back home. And yet, she also knows their return means piles of dirty laundry, a perennially lost TV remote, a disconnected security alarm to accommodate their late nights out.

"The first time they come back there's always an adjustment period," Jez said. They're used to the freedom of college life, and "there are still boundaries at home."

"I try not to be a nag. I try to recognize that they're young adults," she says of sons Nolan, 20, and Cory, 22. "They need to have their own sense of responsibility. At the same time, I find myself constantly doing reminders. I'll send them texts: Picked up eight pairs of filthy socks in the family room last night."

"It's a balancing act," Jez said. **THE ASSOCIATED PRESS**

► How a tragic family circumstance inspired this CP24 host to reach out to others by reaching for the top

TURNING POINT

TERESA KRUIZE
LIFE@METRONEWS.CA



When asked to scale the tallest mountain in Africa to improve the quality of life for children struggling with mental illness, Bryce Wylde only had to think for second. "I'll do it," he said. "Count me in."

Wylde is well known as one of Canada's leading authorities on alternative medicine, for his weekly television show on CP24 and his guest appearances on Dr. Oz. But he had never spoken publicly about a subject that is close to his heart.

"My family has been riddled with mental health issues," Bryce ad-

Climb for kids

The Climb to Conquer the Stigma of Adolescent Mental Illness:

- Markham Stouffville Hospital Foundation
- Mt. Kilimanjaro
- July 10-21, 2011
- Go on line to support Bruce Wylde it.ly/eDjCeA.



► CP24 host Bryce Wylde will attempt to scale Mount Kilimanjaro in an effort to conquer the stigma of adolescent mental illness.

mits. He watched his late father struggle his whole life and it left a lasting impact on how Bryce looks at life and health.

Climbing Mt. Kilimanjaro is very challenging and I ask him what he'll be feeling the day he reaches the top. Will it be personal fulfillment, ex-

citement and accomplishment?

Bryce grows silent and his eyes slowly fill with tears.

"That day I'll be thinking about my Dad," he says emotionally, "and the hope that other children will never have to go through what he did."

Timeless wisdom

Karen Levin Coburn's book, *Letting Go: A Parent's Guide to Understanding the College Years*, was first printed in 1988.

- Families should discuss expectations soon after their students arrive back home – things like curfews, household chores, family dinners, and spending money, so everyone is on the same page, Coburn said.



► "Mom, you're not even going to do my laundry while I'm home?"



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Kilimanjaro

- Mount Kilimanjaro is the tallest freestanding mountain rise in the world
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- Kilimanjaro features glaciers, deserts and tropical jungles
- Up to 25,000 people attempt to reach the summit every year
- Up to nine people die every year

On the health-care horizon

► An aging population, growing immigrant communities and advances in computer science are creating new career opportunities in health care



KIM ZARZOUR
FOR METRO

If you have a mind for science and a heart for caring, the future looks full of promise. Thanks to changing demographics — an aging population and increased immigration — those interested in a career in health sciences have a wealth of options.

"The future is bright because there is always going to be a job in health care," says Dr. Jacques Bradwejn, Dean of the Faculty of Medicine at the University of Ottawa. As Canadians grow older and the population becomes more diversified, he says, the field is ripe with opportunity.

Home health care

Research shows people re-

cover faster in their own homes, and a growing number of careers will revolve around providing that home-based care.

In fact, experts are predicting hospitals will become places of training rather than treatment, and homes will be the place where the bulk of care is received, says Aleksandra Zecevic, who teaches aging and health at the University of Western Ontario.

Community health services

Integrated care will become key, creating a need for new disciplines such as geriatric rehabilitation aides with skill sets such as nutrition, physiotherapy and occupational therapy.

And there will be more collaboration between health professionals, says Doug Angus, director of the PhD Program in Population Health at University of Ottawa. Physicians, dieticians, physiotherapists and chiropractors will need to work together in family health-care teams and community health practices.

Gerontology

There will be a growing need for health-care providers who specialize in the elderly — from doctors of geriatric medicine, to gerontology-focused nurses and social workers — through programs like Grant MacEwan University in Edmonton, which offers a distance certificate pro-

gram in Post-Basic Nursing Practice, and UBC's Okanagan campus two-year Bachelor of Social Work Aging Specialization.

Holistic health

A growing immigrant population will bring more opportunities. With different backgrounds come different requirements. One example, Angus says, is Vancouver General Hospital, which deals with a large Asian population and is combining Eastern and Western approaches to medicine.

While a variety of colleges and institutes offer training in holistic and naturopathic medicines, mainstream health science programs, like that at University of Western Ontario, now expose undergrads to alternative approaches in health care as well.

Disease management

With immigration and globalization, there's a growing need for professionals who can tackle emerging infectious diseases — think SARS and H1N1. Other diseases, like TB, are re-emerging and providing new challenges because they are drug resistant. There's a demand for epidemiologists and other professionals who can monitor the growth of viruses and bacteria, predict how populations might evolve and plan for pandemic preparedness.

Technology

The fields of engineering and computer science will also have a role in health care. Imagine a world where your "smart home" has toilets that automatically analyze urine to inform your fridge what nutrients you need, or monitors that let you know by your heart rate or sweat rate to alter the room temperature.

Some of the innovations are already happening, as robotics enable doctors to perform minimally invasive or remote surgery.



► Geriatric rehabilitation will be combined with nutrition, physiotherapy and occupational therapy.



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MONDAY, MAY 30, 2011

Your Neighbourhood:

DARTMOUTH

► The sun sets behind the Mackay and MacDonald bridges linking Halifax and Dartmouth, N.S.

A place to call home

► Dartmouth is a city with a small-town feel, where neighbours honk the horn to say hello and help each other shovel snow ► CTV reporter Paul Hollingsworth explains why he'll never leave

Did you know?

The Dartmouth Holiday Inn located near the Angus L. Macdonald Bridge used to be an outdoor professional baseball stadium that was referred to as Little Brooklyn; it was torn down in the late 1950s or early '60s. "If I close my eyes when I look at the hotel," says Hollingsworth, a sports enthusiast, "I can imagine the teams playing there."



There might not be a better public goodwill ambassador for the benefits of living in Dartmouth than CTV Atlantic reporter Paul Hollingsworth.

It stands to reason, given that his association with the city goes back to an interesting story he tells about the day he was born there 41 years ago, when his mother went into labour so quickly that his father had to deliver their fourth child in the family's apartment on Brule Street.

Hollingsworth likes that his birth certificate lists Dartmouth as his birthplace, which is unique because babies born at what was then the Grace Maternity Hospital in Halifax's south end were registered as being born in Halifax, regardless of where they lived in the municipality.

When Hollingsworth was four, his family moved to Halifax. After he got married in 2000, he and his wife, Tamara, who owned a house in Porter's Lake at the time, decided they wanted to raise their family in Dartmouth; they're now parents to son

Dawson, 8, and daughter Jamieson, 4.

"You can live here, shop here, play sports here and not go anywhere else," says Hollingsworth of his Crichton Park neighbourhood. "Everyone is friendly. People honk the horn to say hello when I'm out running, and neighbours help each other shovel snow and look after your property if you're away. It feels like a small town in a medium-size city."

Safety is also an important consideration. "You can't avoid crime totally in any neighbourhood," says Hollingsworth, "but I don't

worry about my son walking home from school because he knows everyone in the houses along the way."

Today Hollingsworth's running route takes him past his family's old apartment building on Brule Street. "I always look at the windows of the apartment on the top floor at the right and think about how and where I entered the world," he says. "I'm never leaving Dartmouth by choice; I want my kids to grow up in our house and in this neighbourhood. And I always joke that I want to be buried in our backyard."

Paul's Top 5

- **Jog around Lake Banook.** "There's no better way to start your day than to go for a run on the boardwalk and watch the rowers training on the lake."
- **Skate at the Sportsplex.** "Every Thursday at noon hour from September to April, I take my children to the 45-minute family skate at the Sportsplex. It also has a great gym, rink and running track."
- **Golf at Brightwood.** "It's a beautiful, urban, 18-hole golf course. I'm not a member, but I've 'sampled the menu' several times."
- **Get your hair cut at Interlude Spa.** "They treat you like a king! The customer service is superior."
- **Attend Remembrance Day services at the Sullivan's Pond Cenotaph.** "You're on high ground, looking down across a vista of veterans and Dartmouth residents."

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**TOM
MASON**
FOR METRO

Karen Gibson loves living in the Cole Harbour area of Dartmouth.

She can't imagine residing anywhere else, despite the fact that it involves a daily 30-minute commute to her job as a dietitian at the Nova Scotia Rehabilitation Centre in downtown Halifax.

For her, it means getting up early so she can hit the McKay Bridge before it gets too busy. "The traffic can be a hassle sometimes," she says, "but it's worth it."

That's an opinion shared by many of the 20,000 commuters who cross one of Halifax's two harbour bridges every day. Since the Angus L. MacDonald, commonly called "the old bridge," opened in 1955, the bridges have made it easier to live in Dartmouth and work in Halifax.

Before that, the only



► On an average workday, there are about 48,000 crossings on the Angus L. Macdonald Bridge between Dartmouth and Halifax.

way to cross the harbour was by ferry. The small passenger ferries that still run every day have a storied history: The service began in 1752, making it the longest continuous saltwater ferry service in North America.

During their history, the boats have been row-boats, horse-operated paddle wheelers and, for a time, car-carrying ferries;

steamship pioneer Samuel Cunard was once president of the company that operated them.

For Gibson, the bridges and ferry service will remain a lifeline that allows her to live in the community she has called home for most of her life. "Once friendships are made and Dartmouth becomes your community, it feels right to stay," she says.

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Discover the City of Lakes

► With more than 20 lakes and a Sportsplex, Dartmouth offers year-round recreation



For Tom Himmelman, stealing away for an evening sail on Halifax Harbour in his 37-foot sailboat is one of life's great pleasures.

Navigating between the ships that ply the harbour under the flickering lights of downtown buildings is a stress reliever for the busy account executive, and something he's able to do thanks to the location of the Dartmouth Yacht Club.

"It's just a few minutes from home," says Himmelman. "If I kept the boat at one of the clubs on the other side of Halifax, I wouldn't have the chance to get out nearly as often."

Despite the fact that Dartmouth lies in the heart of the largest city in

Did you know?

Sullivan's Pond is an artificial lake that was created as part of the Shubenacadie Canal system in the 1860s. A minor engineering wonder in the day, the Shubenacadie Canal once connected Halifax Harbour with the Minas Basin. Today it forms the backbone of Dartmouth's extensive lakeside recreation area.

Atlantic Canada, it has managed to keep its connection to the great outdoors. The "City of Lakes" is blessed with more than 20 of them, many edged with parks.

With five competitive paddling clubs located on their shores, they are best known for producing

world-class canoeists and kayakers, but skating, sailing, swimming, water skiing and iceboating are also regular activities.

Lake Banook is one of the most well-known lakes in Dartmouth, and the best place to access it is at Graham's Grove Park, a small park with a sandy super-

vised beach, grassy picnic area and wooded grove.

Nearby Sullivan's Pond and the Dartmouth Common are two well-maintained downtown parks. And Shubie Park is a great place to see what's left of the Shubenacadie Canal and the well-preserved remains of Lock 3.

For Dawn MacDonald and her husband, Mark Cove, living down the road from Shubie Park is a big part of the attraction of being in Dartmouth. "We love the fact that Shubie has an off-leash area where our two dogs can run," says MacDonald, "and the paths are well maintained for our baby stroller."

Dartmouth also has its share of indoor recreation facilities. Top of the list is the Sportsplex, a state-of-the-art complex with everything from an indoor running track to one of HRM's most-visited swimming pools, featuring graduated depths so even small children can touch bottom. "It's a great place for the whole family," says manager Max Chauvin, "and an important resource for the community."



► The opening reception of metal artist Barbara Schmeisser's exhibit at Alderney Landing's Craig Gallery.



► Sullivan's Pond on the Dartmouth Heritage Walk.



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► A well-groomed trail at Shubie Park next to one of the Shubenacadie Canal's locks.

What's on

Maritime Fiddle Festival

Canada's — and possibly North America's — oldest fiddle festival includes contests, workshops, entertainment, a kitchen party, socials, jam sessions and more! There's also an RV park and bon voyage breakfast.

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Dreamgirls

Presented by The Charles Taylor Theatre Association, this is society's first large-scale musical. Dreamgirls, a young female singing trio from Chicago, get their big break at an amateur competition. Wheelchair accessible.

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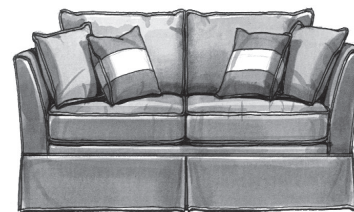
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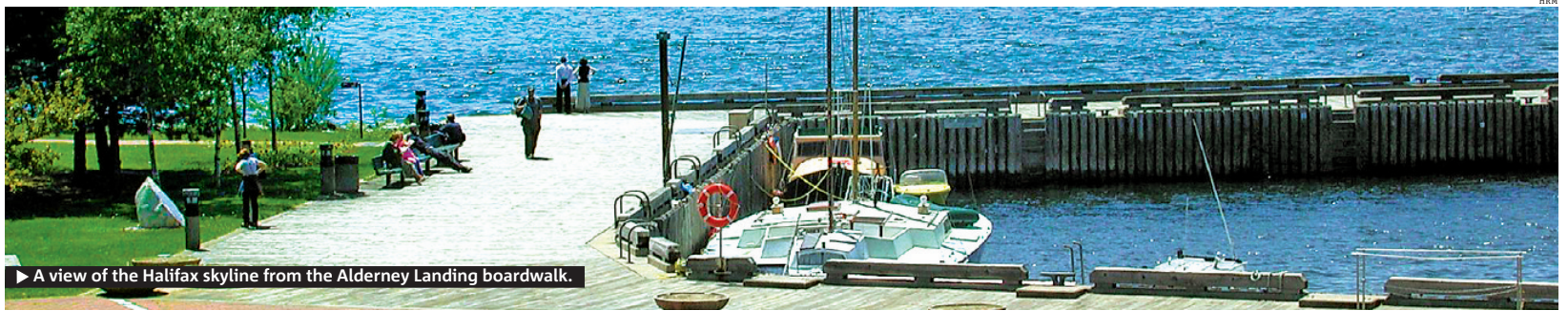


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When the ferries leaving Halifax dock on the Dartmouth side of the harbour, passengers departing for their destinations are mere metres away from the Alderney Landing Cultural Convention Centre.

Located on the Dartmouth waterfront at the bottom of Ochterloney Street, the centre consists of an art gallery, farmers' market and live-theatre venue.

"There are so many unique exhibits and events to take in here," says Kim Farmer, co-ordinator of the Craig Gallery at Alderney Landing, where amateur and established painters, sculptors and multimedia artists display their artwork.

The live-theatre venue is

a popular place to see concerts and dance performances, both on its indoor and outdoor stages.

On May 27 and 28, for example, the Maritime Dance Performance Group held three performances of its full-length contemporary showcase called Evoke, featuring nine pieces created for the company by various local choreographers.

If you're a supporter of the local food movement, there's the farmers' market, which is located on the ground floor of Alderney Landing. Open from 8 a.m. to 1 p.m. every Saturday, it's a popular spot for area residents to gather and shop.

For more information about what's going on at Alderney Landing, visit alderneylanding.com or call 461-4698.

Through the years

- Dartmouth was first settled in 1750, a year after Halifax, when the ship Alderney arrived from England with 151 settlers.
- For the next 150 years, the citizens of Dartmouth stayed close to the harbour, leaving the interior to farmers and, later, summer cottagers.
- The first curling match in Canada took place on

the frozen surface of the Dartmouth Lakes a decade before Confederation, and a few optimistic boosters believe the city is the birthplace of ice hockey.

- In 1955 the Angus L. MacDonald Bridge permanently connected the city to Halifax, and Dartmouth grew rapidly after that.
- In 1996 Dartmouth lost its city status when it was amalgamated into the Halifax Regional Municipality.

● TOM MASON

In their own words

► Area residents tell Metro what they love about their city and why they choose to call Dartmouth home

Zane Kelsall, owner/barista, Two If By Sea cafe, age 27

"Over the years I tried to leave the café industry to find a 'real career,' but always found myself getting called back to the café world. So I decided to open my own. People ask me, 'Why Dartmouth?' and I say, 'Why not?' I heard about different development projects slated for Dartmouth and couldn't understand why there wasn't a coffee shop here. There are lots of young people who can't afford to buy a house and start a family in Halifax, so they're doing it in Dartmouth. A culture is starting to ferment here, but there wasn't somewhere for these people to meet. We provide

that location."

● JENNA CONTER

Councillor Gloria McCluskey, District 5, Dartmouth Centre, age 79

"Dartmouth is the best place in the world! I've lived here since 1948, and my children and grandchildren live here too. It's so beautiful, with its parks, canoe and golf courses, lakes, waterfront and walking trails. There are great places to eat, including La Perla, Nectar, Celtic Corner and Two If By Sea. And there are many neighbourhoods to live in with wonderful people, whether you want to be in a house or a condo. At the Alderney Landing farmers' market you can shop, sit and chat with people you know; it's

a great gathering place. I like to say that Dartmouth is the municipality's best-kept secret."

● JANE DOUCET



► Gloria McCluskey

Fun facts

► The steel ice skate was invented in 1867 by John Forbes, foreman at the Starr Manufacturing Company in Dartmouth. The Acme brand went on to become famous worldwide.

► Dartmouth's first city hall was built in the early 1960s on land with the Dartmouth Common.

► According to the 2006 census, Dartmouth has a population of 95,549.

► A person from Dartmouth is called a Dartmouthian.

► The oldest structure in Dartmouth is the house of William Ray, who was a whaler. It is located at 59 Ochterloney St. and is believed to have been built around 1785 or 1786.

DARTMOUTHNOVASCOTIA.CA

Did you know?

The television show Trailer Park Boys is set in a fictional Dartmouth trailer park. It was filmed in Dartmouth and its environs.

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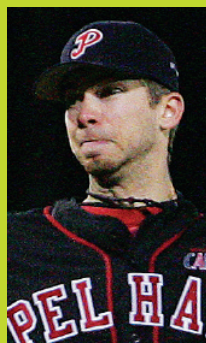
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The Halifax Pelham Molson Canadians are off to a 3-0 start in the Nova Scotia Senior Baseball League after a clean sweep of the Sydney Sooners on the weekend.

Halifax surrendered just five runs, getting strong pitching performances from Mark Haverstock, Barrett Bellefontaine and Brandon MacKinnon, all credited with victories.



Scan code for more sports.

► **First-ever Memorial Cup win for a Maritime team** ► **Jonathan Huberdeau scores insurance goal, adds assist en route to MVP honours**
► **Parade already set for tomorrow at noon in Saint John**



► The Saint John Sea Dogs pose with the Memorial Cup after defeating the Mississauga St. Michael's Majors in the Memorial Cup final in Mississauga, Ont., yesterday.

Sea Dogs finish dream season hoisting Cup

The Saint John Sea Dogs have become the first Atlantic Canadian team to win the Memorial Cup.

Goaltender Jacob DeSerres, playing in his second straight Memorial Cup final, stopped 34 shots to lead the Sea Dogs to a 3-1 win over the host Mississauga St. Michael's Majors, claiming the Canadian Hockey League championship before a sellout crowd of 5,429 at Hershey Centre last night.

Simon Despres, Zack Phillips and Jonathan Huberdeau scored for Saint John while DeSerres was a rock in goal. It was a bounce-back performance for the 21-year-old, who started for the Brandon Wheat Kings last year and surrendered nine goals in a final loss to the powerful Windsor Spitfires.

Saint John came out strong in the first period, outshooting the Majors 11-9. Despres' unassisted short-handed goal just 2:24

into the first effectively quieted the big crowd.

DeSerres made two stellar saves after Saint John killed Mississauga's power play, and that turned out to be important as Phillips scored at 13:17 to make it 2-0. The score flattered the Majors, considering the Sea Dogs didn't score on four first-period power

plays.

But Mississauga outplayed the Sea Dogs in the second, outshooting them emphatically 15-6. After Maxim Kitsyn's shot went off the post early, Riley Brace finally gave the crowd something to cheer about at 14:41 of the second as he cut the Sea Dogs' lead in half. DeSerres was

again sharp late in the third when the Majors, who went 0-for-5 on the power play, pressed for the tying goal. That was huge as Huberdeau cemented the victory, converting on a 2-on-1 with Phillips at 16:17.

Saint John's roster features four Nova Scotians — including long-serving Sea Dogs Steven Anthony, Michael Kirkpatrick and Stephen MacAulay and rookie Devon Oliver-Dares — as well as former Halifax Mooseheads goaltender Mathieu Corbeil.

After losing last year's QMJHL final to arch-rival Moncton, the Sea Dogs came back with a vengeance, posting a league-best 58-7-1-2 record and tying the league's single-season wins record. They advanced to the Memorial Cup by knocking off the Gatineau Olympiques in six games in the QMJHL final.

● METRO/THE CANADIAN PRESS

Bluenose Champs

Nova Scotians on the Saint John roster, ordered by seasons with the Sea Dogs.



STEVEN ANTHONY, HALIFAX

Canucks pick back from injury for Memorial Cup debut yesterday.

MICHAEL KIRKPATRICK, NORTH SYDNEY

Two-way over-age standout enjoyed sparkling junior career.

STEPHEN MACAULAY, COLE HARBOUR

Blues pick excelled in checking role, contributed timely offence

DEVON OLIVER-DARES, DARTMOUTH

Late-season rookie call-up played in one Memorial Cup game



► Marcel Patenaude

NCAA option has GMs on their toes

The top-four prospects for Saturday's QMJHL draft are as good a crop as scouts have seen in years. But since none of them has closed the door to the U.S. college option, they're giving general managers plenty of headaches.

While teams will try to win them over, new league rules — designed to level the playing field between big- and small-market teams — have some GMs grumbling.

When it comes to education packages, GMs can only use the Canadian Hockey League's standard funding to sell the league's benefits. Team-specific packages, which vary by market, can't be revealed to prospects until after the draft.

"For the benefit of the league, we ... established (these rules) last year, and so far we think we've had a lot of success with that," said QMJHL vice-president of hockey operations Marcel Patenaude, former GM of the Mooseheads.

Teams found in violation face a fine of up to \$100,000 and the loss of multiple draft choices. Most would agree the rules have cut down on teams and prospects manipulating the draft.

But what if the top-four prospects — blue-chip forwards Nathan MacKinnon, Jonathan Drouin, Anthony Duclair and Jeremy Gregoire — end up south of the border on NCAA ice instead of in the Q? At this stage, it's a risk the league is willing to take.

"We're proud of what we're able to offer to the kids," Patenaude said. "It's a family decision and we have to respect that. Obviously we want to have them all in our league, but it could happen that one or two could go to the NCAA."

● MATTHEW WUEST



Hildebrand loses Indy 500 on final turn

► Rookie's car hauled off to Gasoline Alley instead going down Victory Lane

Dan Wheldon was zipping toward the final corner of yesterday's Indianapolis 500, surely figuring the best he could do was another runner-up finish.

Then he came upon JR Hildebrand's crumpled car, all smashed up and sliding along the wall.

The rookie had made the ultimate mistake with his very last turn of the wheel, and Wheldon, not Hildebrand, made an improbable turn into Victory Lane.

"It's obviously unfortunate, but that's Indianapolis," said Wheldon, who won Indy in 2005 and finished second the last two years. "That's why it's the



greatest spectacle in racing. You never now what's going to happen."

Wheldon may have captured the ultimate IndyCar prize, but the 100th anniversary of the Indy 500 will be remembered more

for the guy who let it slip away.

Leading by almost four seconds and needing to make it around the 2 1/2-mile track just one more time, Hildebrand cruised through the first three turns with no

problem.

The fourth one got him. He went too high, lost control and slammed into the outside wall. Wheldon sped past, while Hildebrand's battered machine skidded across the line 2.1 seconds behind, still hugging the barrier.

"It's a helpless feeling," Hildebrand said.

The 23-year-old got into trouble when he came up on another rookie, Charlie Kimball, as they approached the last corner. Instead of backing off, the leader moved to make the pass — a decision that sent him slamming into the wall. **THE ASSOCIATED PRESS**



De Jonge and Dalton earn bronze for Canada

Kayaker Mark de Jonge of Dartmouth and canoeist Richard Dalton of Halifax won bronze medals in Olympic events yesterday to conclude the third and final stop on the sprint canoe-kayak World Cup circuit.

De Jonge won his first career World Cup medal in the men's K-1 200, one of nine medals for Canada.

Piotr Siemionowski of Poland took the gold in 35.763 seconds with Sebastien Jouve of France following at 36.101. De Jonge was third at 36.379. Ottawa's Rhys Hill took seventh.

"It feels great, it's what I

wanted to do at this World Cup," said de Jonge. "Training full-time with a new program has really allowed me to focus on achieving my goals in this sport ... I stuck to my game plan after a rough start and managed to reach top three."

Ivan Shtyl of Russia was the winner of the men's C-1 200 in 39.918 seconds, Valentin Demyanenko of Azerbaijan placed second with 40.192 and Dalton followed in 40.365 for his second consecutive World Cup medal in the event.

"This was a much better race for me than last weekend," said Dalton, also third in the Czech Republic last week. "In the 200 it's easy to get very tense, but I was confident enough to stay relaxed for the race."

Canada ended the competition with 11 medals in total, including four in the Olympic events.

● METRO/THE CANADIAN PRESS

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05' Infiniti G35X
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\$14,700



**07' Jeep Wrangler
Sahara 4x4**
Great Shape!
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\$16,995

AUTOMOTIVE

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**2005 Toyota
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Sunroof, AWD,
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AFM Motor **MART - 407-4200**



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2006 GMC Canyon Crew 4x4
5cyl. Auto, Loaded, Cloth
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Great Shape!
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Cars & Trucks for Sale



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8cyl. Auto,
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4x4, 88,000kms
\$25,985 or \$283b/w oac.
AFM Motor **MART - 407-4200**



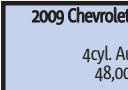
**2007 VW Golf
Hatch**
4cyl. 5speed,
Cloth, Tilt, Cruise,
79,000kms
\$9,985 or \$111b/w oac.
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**2008 Jeep
Compass Sport**
4cyl. Auto, Pwr
Pack, Cloth
4x4, 34,000km
\$16,985 or \$161b/w oac
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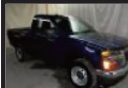
**2008 Pontiac
G5 Coupe**
4cyl. 5speed,
Loaded, Sunroof,
84,000kms
\$10,985 or \$105b/w oac.
AFM Motor **MART - 407-4200**



2009 Chevrolet Cobalt Sedan
4cyl. Auto, A/C
48,000kms
\$9,985 or \$96b/w oac.
AFM Motor **MART - 407-4200**



**2009 Pontiac
G5 Sedan**
4cyl. Auto,
Loaded
Cloth,
57,000kms
\$10,985 or \$105b/w oac.
AFM Motor **MART - 407-4200**



2010 GMC Canyon
4cyl. 5speed,
Cloth
A/C 2wd,
30,000kms
\$13,985 or \$118b/w oac
AFM Motor **MART - 407-4200**



2010 Mustang Coupe
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12,000kms
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AFM Motor **MART - 407-4200**

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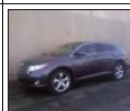
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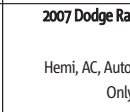
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Only 60K
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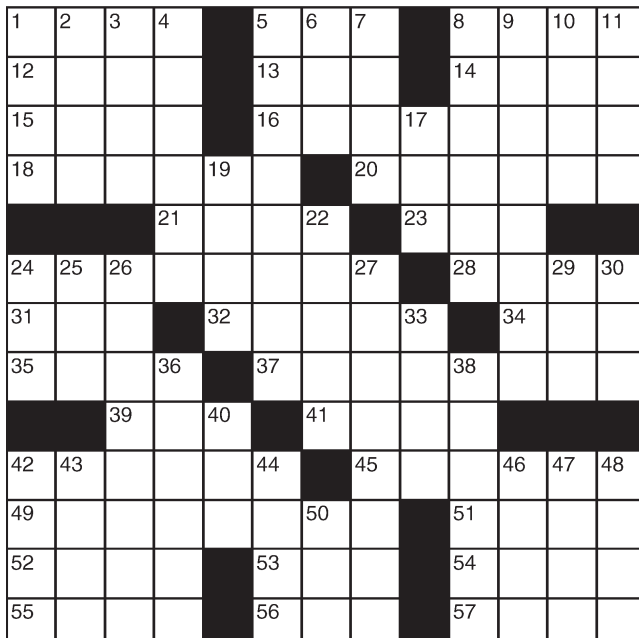
Crossword

Across

- 1 Ballet skirt
5 "A pox upon thee!"
8 Sore
12 Microwave, for one
13 Praise in verse
14 Comrade of Mao
15 Clothing store section
16 Attendance check
18 Wolf in the henhouse?
20 "Yes" or "no" follower
21 Settled down
23 — generis
24 Command to Fido
28 Being, to Brutus
31 Historic time
32 Elaine's surname on Seinfeld
34 Wire measure
35 Air outlet
37 Price reduction
39 Baseball hat
41 Actor Julia
42 Antarctic volcano
45 Now
49 Race drivers' protectors
51 Lumber
52 Reed instrument
53 Fish eggs
54 "Do — others ..."
55 Collections
56 Do sums
57 Equal

Down

- 1 Grant's —
2 Eye layer
3 Be inclined (to)
4 Open
5 Let-by-gones-be-by-



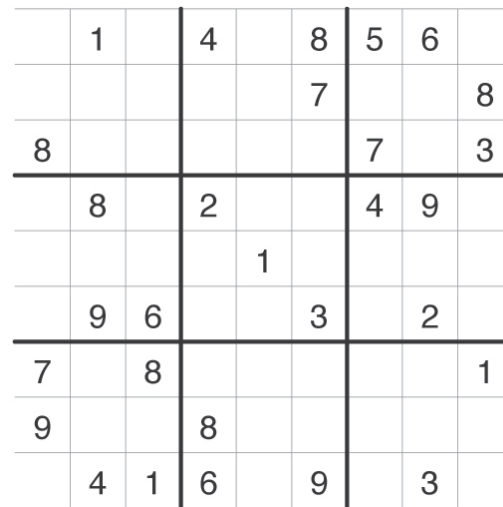
- gones type
6 Wedding words
7 Morays and congers
8 Accumulate
9 Special appeal
10 Aperture
11 Christmas
17 Fleur-de —
19 Amorphous mass
22 Male voice
24 Churchly title (Abbr.)
25 Raw rock
26 Trusted knight
27 Got sick again
29 Bracketed notation

- 30 Wapiti
33 Insult
36 Restaurant furniture
38 Enlarge a photo
40 Saloon
42 Love god
43 Pajama cover-up
44 Poet Teasdale
46 Zilch
47 Carry
48 Smell
50 Scepter

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

4	8	5	2	6	3	7	9	1
9	2	3	1	8	7	4	6	5
1	6	7	5	4	9	3	2	8
3	5	1	4	9	6	8	7	2
6	7	2	3	5	8	9	1	4
8	4	9	7	1	2	5	3	6
5	9	4	6	3	1	2	8	7
7	3	6	8	2	4	1	5	9
2	1	8	9	7	5	6	4	3

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Hey Tom, I just want to do this so everyone can see how much I love you. You're a great inspiration and influence in my life. You made me into the great person I am today and I can't thank you enough. I know we been through hills and ditches but that won't stop us from reaching the top. I love you so much. <3 LOVE STOMY

My Handsome King. You are my best friend and my lover. I am so lucky to have you. Even though you're a continent away, I have you close in my heart and in my dreams. I'm just sorry I don't get to see your sexiness on the beach. Muah! From YOUR OBEDIENT SERVANT.

My Love. Keep ur head held high and don't let anyone bring you down my original g-star.rotpot got your back, baby. From RPANGEL

Today's horoscope

♈ **Aries** March 21-April 20 Anything done as part of a team will go exceptionally well over the next seven days.

♉ **Taurus** April 21-May 21 If a friend or relative needs a shoulder to cry on today you will be there for them.

♊ **Gemini** May 22-June 21 You are in the mood for fun and games and you'll get plenty of both over the next few days.

♋ **Cancer** June 22-July 22 Make it your aim to stand back from what you are working on.

♌ **Leo** July 23-Aug. 23 You won't want to push yourself too hard today.

♍ **Virgo** Aug. 24-Sept. 22 You will be acutely sensitive to others people's problems today.

♎ **Libra** Sept. 23-Oct. 23 An active imagination is generally a very good thing but don't let it run riot today or you'll see enemies behind every door.

♏ **Scorpio** Oct. 24-Nov. 22 You need to find ways to catch the eye of employers and other important people.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ **Sagittarius** Nov. 23-Dec. 21 If you want to take a longer vacation, now is the time to do something about it.

♑ **Capricorn** Dec. 22-Jan. 20 It's okay to dream, but don't let infatuation take hold.

♒ **Aquarius** Jan. 21-Feb. 18 Forget about anything but having a good time with the people who mean the most to you.

♓ **Pisces** Feb. 19-March 20. After a period of intense activity should come one of well-deserved rest. ● SALLY BROMPTON

Caption contest



WIN! You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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